



Wellution
Join the Wellness Revolution

The Next Revolution in Healthcare







Plan Details: For complete details on the Capstone "Plus/Choice/Century/Kingston" Plan, please refer to the Summary Plan Description and the controlling Plan Document, as required by the Employee Retirement Income Security Act of 1974 (ERISA), 29 U.S.C. et seq.

Tax Disclaimer: This document is for general informational purposes only and does not constitute legal, tax, or financial advice. The accuracy, completeness, or timeliness of the information is not guaranteed. Tax laws and regulations are subject to change, and it is your responsibility to verify relevant information. For personalized tax guidance, consult a qualified tax professional. We assume no liability for any reliance on this document's contents or for any errors or omissions.



Integrating digital care through trusted partners and intelligent technology

Unlimited Telehealth Benefits

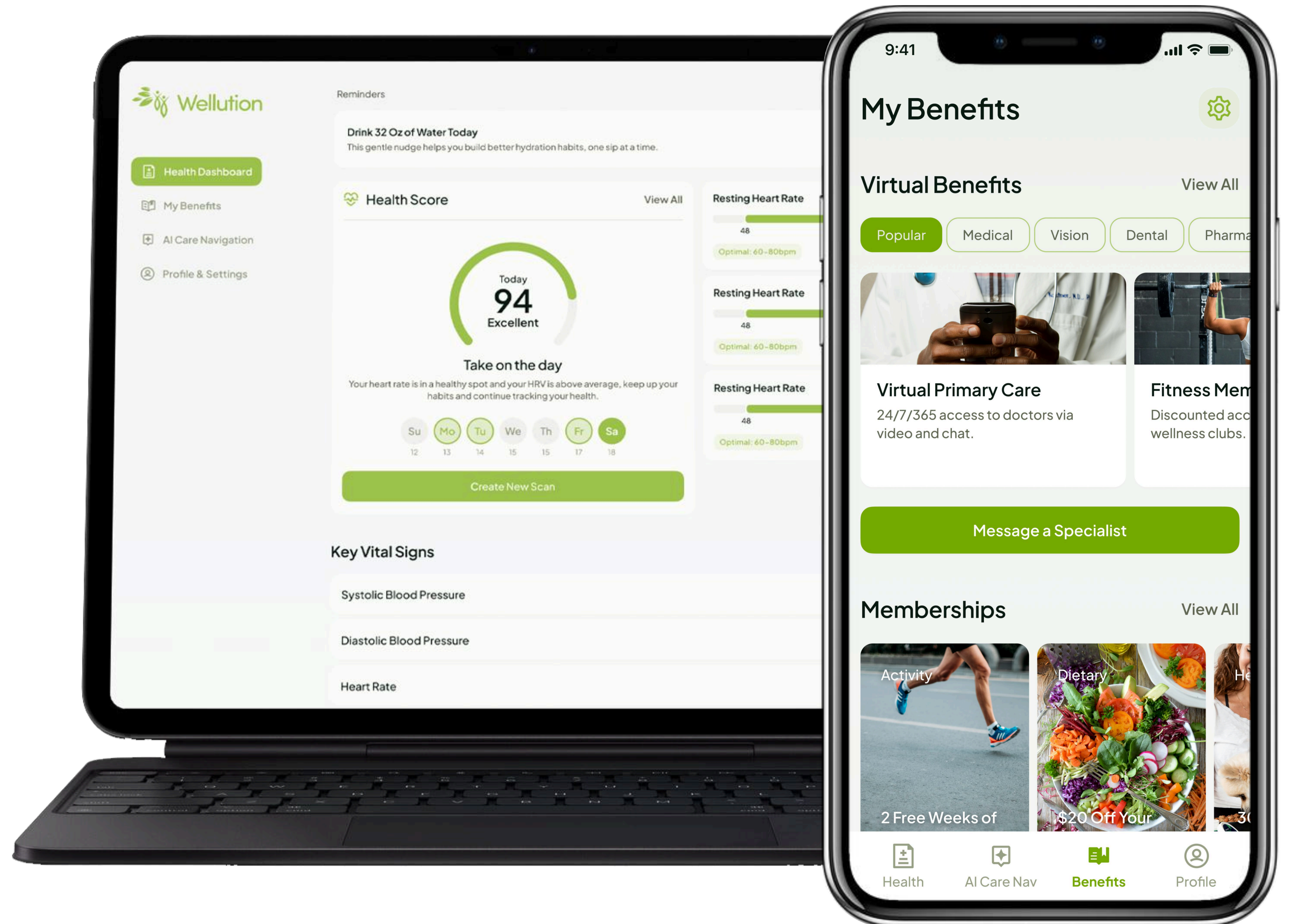
-  Virtual ER Telemedicine
-  Urgent Care
-  Dermatology
-  Primary Care
-  Behavioral Health
-  \$0 Co-Pay Fee

Personalized Programs

-  Chronic Disease Management
-  Health Risk Assessments
-  Fitness Programs
-  Prescription Assistance Program
-  Weight Management
-  Health Education Rewards
-  Annual Vital Lab Test - No Cost
-  Virtual Pet Care
-  Care Navigation
-  Biometric Facial Scanner
-  Fitness & Nutrition Library
-  Care for the Whole Family

All Benefits in One Place

- ✓ One app...one Login
- ✓ Personalized Assessments
- ✓ Virtual AI Health Coach
- ✓ Biometric Scanner
- ✓ Android & Apple



AI CARE NAVIGATION

Navigate your benefits with clarity and confidence

- Easily understand what's covered under your current health plan
- Compare plan options side-by-side to make informed choices
- Get clear, simple answers about costs, coverage, and eligibility
- Discover in-network providers and care options tailored to you
- Personalized guidance for routine, urgent, and preventative needs
- Evolving toward agentic support: describe your symptoms, get directed to the right care within your plan

Can you show me all of my plan documents?

9:39 am



Here are all of your plan documents. Let me know if you'd like help comparing them or finding specific coverage details.



Advantage PPO 2025.pdf

Capstone Plus



Dental Premier 2025.pdf

Capstone Plus



Choice Plan 2025.pdf

Capstone Choice



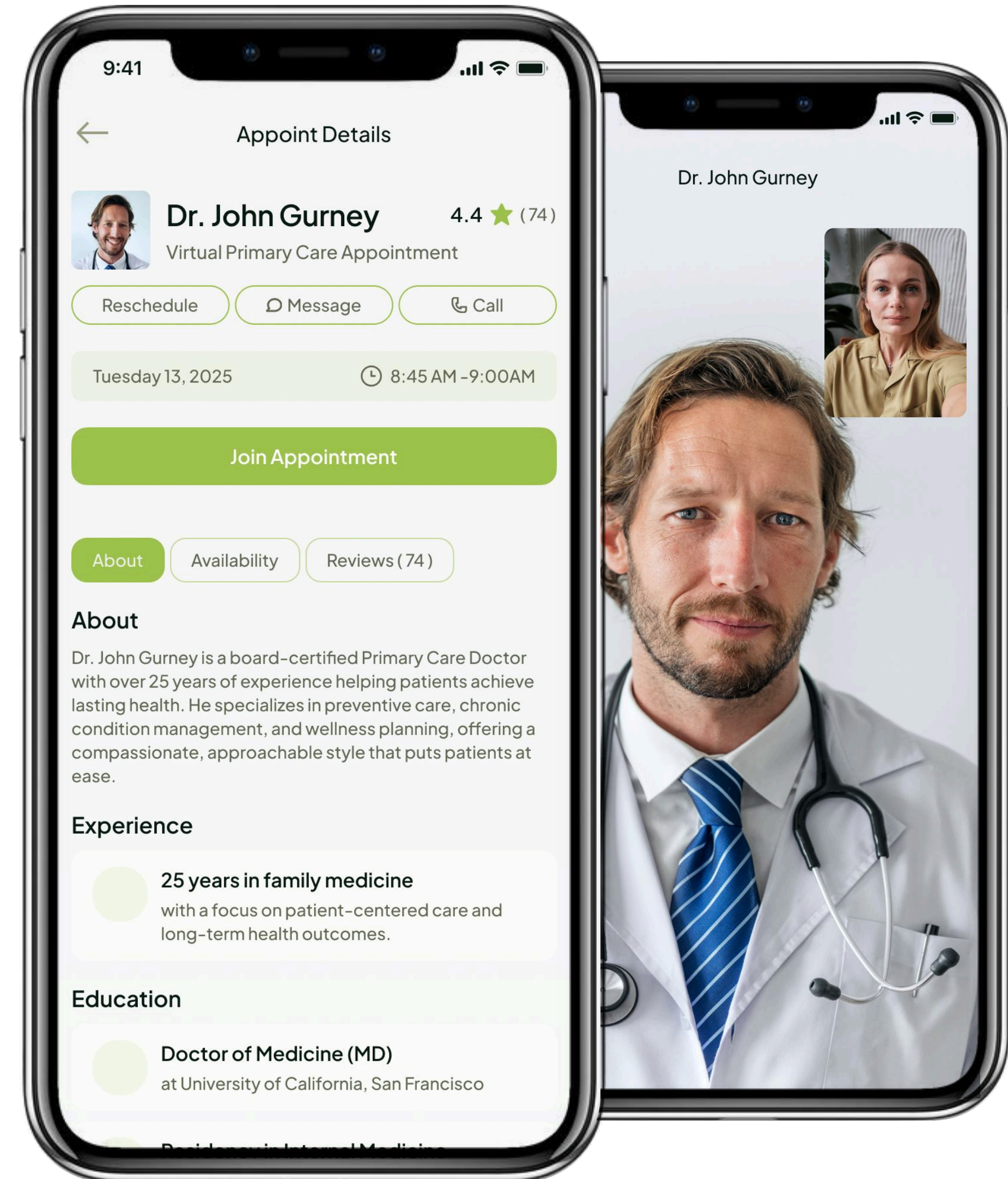
OptumRx (Comprehensive) 20...

Capstone Choice

TELEMEDICINE

Connect from home, work, or wherever life takes you.

- Urgent care (coughs, fevers, sore throat, stomach pain, diarrhea, rashes, allergic reactions, animal/insect bites, sports injuries)
- Women's Health (birth control, irregular bleeding, urinary tract infections, wellness)
- Mental Health (anxiety, depression, stress, insomnia)
- Chronic Care and Prevention (diabetes, hypertension, asthma, acne, smoking cessation)
- Other General Health Questions
- Questions about where to receive care





PRESCRIPTION CARE PROGRAM

1,000+ Commonly Prescribed Drugs at No Charge

- 70,000+ Retail pharmacies in the U.S.A
- Discount program for drugs not on formulary
- Prescription Assistance Program is available for medications over \$200.
- Does not impact your current medical claims
- Just present your Digital Rx Card and save!

Here Are Just A Few From Our List

- | | | | |
|-----------------|-------------------|----------------|-------------------|
| • ACYCLOVIR | • BUPROPION | • DILTIAZEM | • GLIMEPIRIDE |
| • ALLOPURINOL | • CARVEDILOL | • DOXYCYCLINE | • GLIPIZIDE |
| • AMITRIPTYLINE | • CEFDINIR | • DULOXETINE | • HYDRALAZINE |
| • AMLODIPINE | • CELECOXIB | • ESCITALOPRAM | • IBUPROFEN |
| • AMOXICILLIN | • CEPHALEXIN | • ESTRADIOL | • LAMOTRIGINE |
| • ANASTRAZOLE | • CIPROFLOXACIN | • EZETIMIBE | • LEVOTHYROXINE |
| • ATENOLOL | • CITALOPRAM | • FENOFIBRATE | • LIOTHYRONINE |
| • ATORVASTATIN | • CLOPIDOGREL | • FINASTERIDE | • LISINOPRIL |
| • AZITHROMYCIN | • CYCLOBENZAPRINE | • FLUCONAZOLE | • LISINOPRIL/HCTZ |
| • AMLODIPINE | • DICLOFENAC | • FLUOXETINE | • LOSARTAN |

Our Comprehensive Diabetes Program

SaveOn Diabetes is our game-changing program for members with Diabetes in which they will get a FREE meter, low cost testing strips, lancets and more. Many people have diabetes and one in three Americans are pre-diabetic, make sure you are keeping an eye on the warning signs.

- | | |
|---|---|
| • A FREE Premium bilingual voice-response glucometer | • Auto re-fill every three months |
| • 1-month supply of test strips* | • \$0 out-of-pocket on diabetes medications (below) |
| • Supply of lancets, lancing device, and control solution | • FREE shipping to your mailbox |

TELETHERAPY

Integrated Clinical Mental Health



Finding Peace in Polarizing World



Health Body



Military Service & Veterans



Emotional Wellbeing & Stress



Growth, Purpose & Prosperity



Identity, Belonging & Community



Parents Helping Parents



Work Life & Leadership



Coping with Illness



Home Life & Relationships



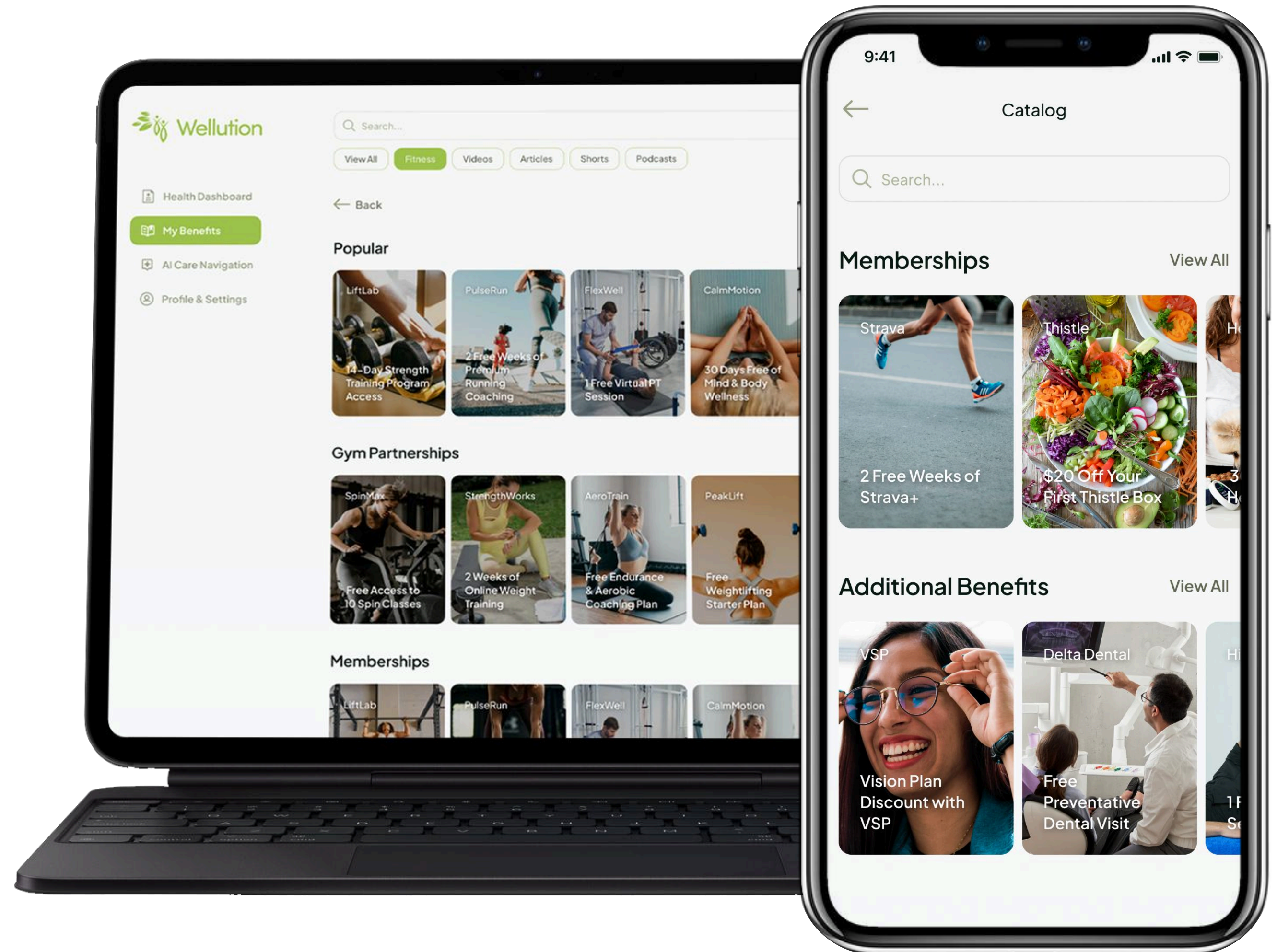
Disabilities & Navigating Life



Caring for Caregivers

Fitness & Nutrition Library

- **Comprehensive Resources** – Explore expert guided nutritional content designed to support a healthier lifestyle.
- **Customizable Plans** – Access personalized meal plans and workout routines tailored to your goals.
- **Anytime, Anywhere** – Enjoy on-demand access to fitness and nutrition tools, whether at home or on the go.





Personalized Employee Dashboard

Complete health assessments, upload biometric screenings, connect wearable devices and view health risks and receive personalized wellness plan

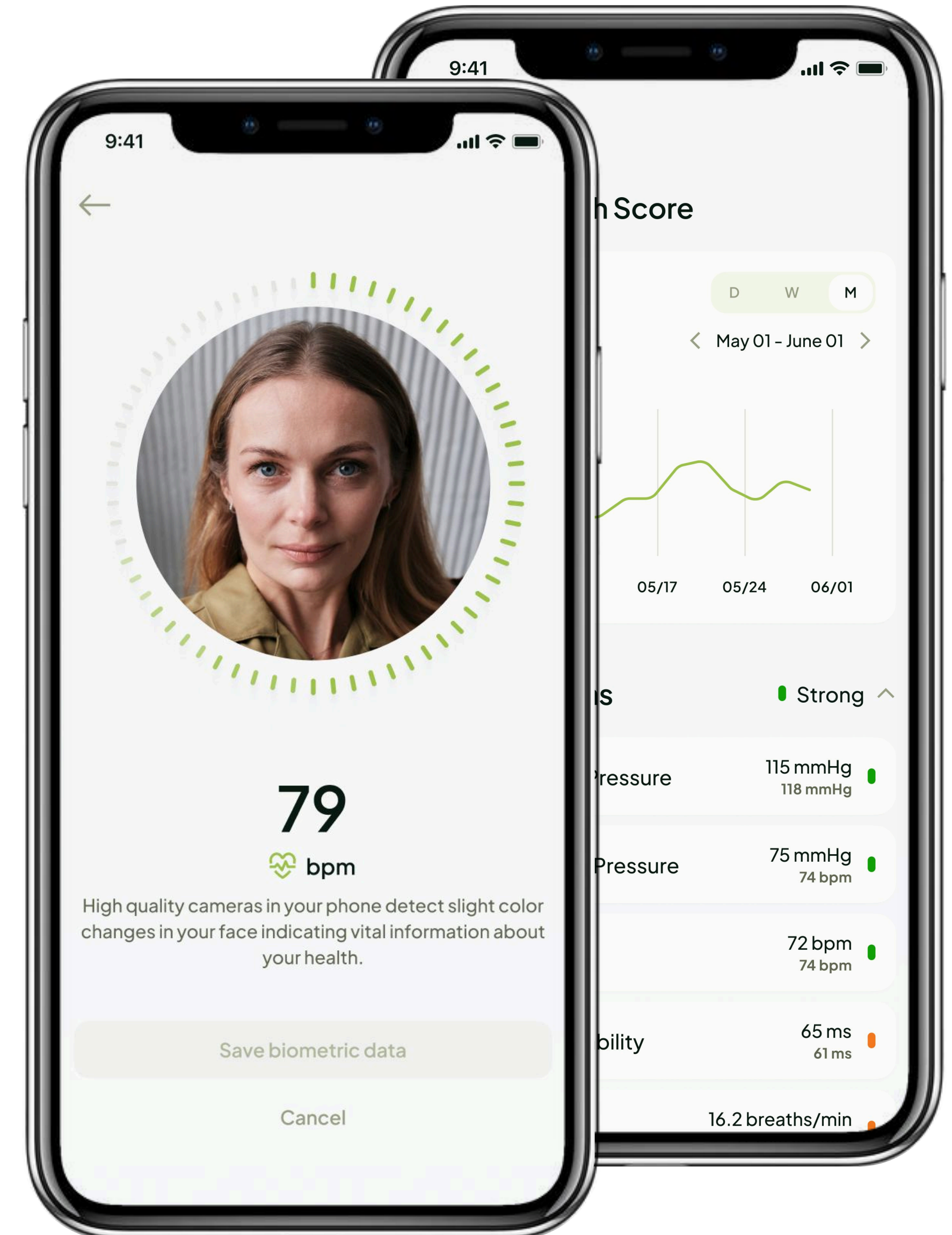
Create customized daily wellness goals and watch 100s of on-demand health literacy & wellness videos to earn points and increase knowledge

Compete in challenges with the ability to exchange points for financial rewards and incentives

Biometric Facial Scan

DATA OUTPUTS:

- Pulse
- Heart Rate Variability
- Breathing Rate
- Systolic Blood Pressure
- Diastolic Blood Pressure
- Stress Index
- Parasympathetic Activity
- Cardiac Workload
- Body Mass Index
- Biometric





LAB TESTS

Understand your lab work with clarity and ease

- View all your lab results securely in one place
- Get simple, plain-language explanations of what your numbers mean
- See trends over time and track improvements or changes
- Receive personalized recommendations tied to your results and benefits
- Share results directly with your providers or care team

HEALTH ASSESSMENTS

COMING SOON

Take control of your health with digital assessments

- Complete quick health check-ins directly from your benefits platform
- Receive personalized guidance for urgent, chronic, and preventative care
- Identify risks early with research backed assessments
- Get recommendations tailored to your health history and lifestyle
- Easily track progress and follow-up care from one place



VIRTUAL PET CARE

Skip the Trip with a Virtual Pet Consultation



Access your pet portal

GoLexi Members have access to our services 24/7/365. Login into your pet portal or simply call 1-866-942-1194 and one of our coordinators will assist you in scheduling a consultation.



Tell us what's wrong

Click schedule a consultation, tell us what's going on with your furry family member and select whether you prefer a phone or video consultation.



Add your Pet

Once logged in, take a moment to complete your member profile and add your pets.



Start your visit

A licensed veterinarian from GoLexi will contact you within the hour. They'll go through the symptoms your pet is having and they will recommend the best course of action to get your furry friend feeling better again.





GERY BRECKA

Capstone Brand Ambassador

ULTIMATE
HUMAN
VIP

Get 30 days free
access to his VIP
community!

Elevate Your Health. Transform Your Life.

Gain exclusive access to Gary Brecka's proven wellness protocols, designed to empower you with peak health, vitality, and mental clarity.

YOUR LIFE, OPTIMIZED:

- Enjoy Lasting Energy
- Quiet Chronic Pain
- Improve Your Sleep
- Sharpen Your Mind
- Boost Immune System
- Unlock Lifelong Wellness

Science-based wellness designed to give you back control of your health.
Unlock your full potential.

<https://wellution.ai>